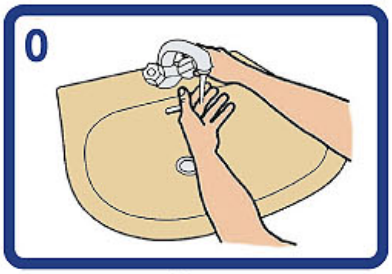
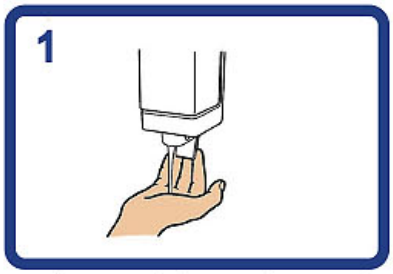
Técnica de higiene de las manos con agua y jabón

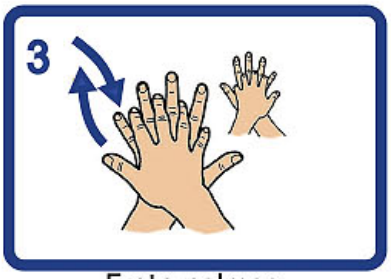


Mojese las manos



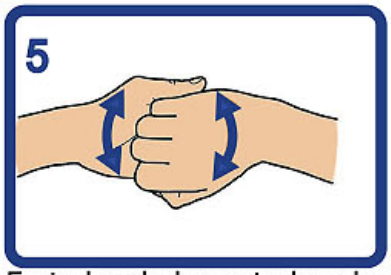
Aplique jabón antibacterial

Frote las palmas de las manos



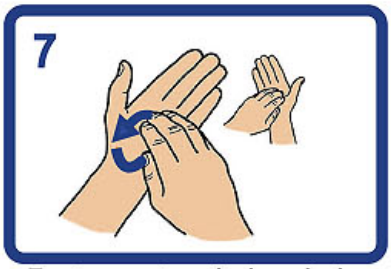
Frote palmas, dorsos y espacios interdigitales.

Frote palma - palma e interdigitales

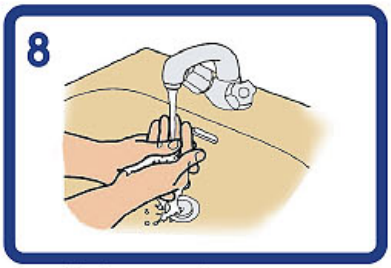


Frote los dedos entrelazados con movimientos contrarios

Frote con movimientos de rotación los pulgares



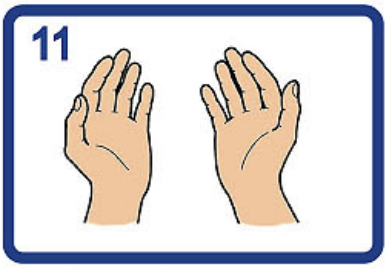
Frote puntas de los dedos contra la palma



Enjuague las manos

Séque con una toalla de un solo uso

Utilice la toalla para cerrar el grifo



Sus manos son seguras